



ROLE TITLE: Trainee Coach

BENEFITS: Funded Coaching Qualification
British Gymnastics Membership
Wellbeing & Protection Training
PVG Scheme Membership
Volunteering Expenses Paid

HOURS: Minimum 4hrs per week

ROLE PURPOSE:

- To learn the basics of coaching skills and working in a gymnastics environment
- To develop an awareness of the responsibilities of a coach and the importance of good practice
- To work cohesively within the team to create a positive, progress-focused ethos for all

WHAT IS INVOLVED:

- You will volunteer in one of our weekly shifts for a period of 1-3 months to gain experience
- Then you can attend a L1 course; 2 full days of practical teaching on the process of coaching and technical aspects of delivering skills, in addition to online learning & resources
- For 3 months following a course, you will complete your course logbook under the guidance of a mentor within the club team; this is a series of written & practical tasks which will form part of your assessment to qualify
- You are then assessed by an independent examiner on delivering a session to a small group of gymnasts; if successful, you qualify as a L1 coach and are able to take up a job at the club

REQUIREMENTS:

- Minimum 15yrs of age
- Availability to commit to a minimum of 1 x 4hr shift per week for a period of 4-6 months
- Enthusiasm for working with children & young people
- A passion for growth and improving yourself, as well as others
- Proactivity to learn from our experienced team and make the most of their expertise
- Agreement to coach for at least 1 year at the club following successful qualification
- Undertake Wellbeing & Protection training, PVG Scheme Record & British Gymnastics membership as part of your training

MAIN TASKS:

- Observe, gain experience and assist with classes under the guidance of Lead Coaches
- Communicate promptly and proactively with the Flair team & management
- Assist with cleaning & maintaining the gym environment via a regular weekly schedule
- Ensure that all club policies are followed and that any accidents, injuries or similar incidents are recorded & reported appropriately
- Act in a responsible & appropriate manner at all times in accordance with the club's Codes of Conduct, Safeguarding Policy (and related policies) and best ethics & practice
- Maintain & update your required qualifications in line with Scottish & British Gymnastics' policy

NOTE: The above list is not regarded as exclusive or exhaustive, as there may be other duties and requirements that the successful candidate may be required to perform from time to time, in consultation with the Club Director & Management Team.