



Scottish Charity Number: SC050631

Annual Report and Financial Statements
for the period ended 30th September 2022

TRUSTEES' ANNUAL REPORT

FOR THE PERIOD ENDED 30TH SEPTEMBER 2022

The trustees are pleased to present their report together with the financial statements for the above period.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name:

Flair Gymnastics Club

Charity No:

SC050631

Address:

137 Shawbridge Street, Glasgow, G43 1QQ

Trustees:

Nicola Mackay (Chairperson) – Appointed 23rd March 2022

Alison Carse (Secretary) – Appointed 19th September 2020

William Smith (Treasurer) – Appointed 19th September 2020

Carole McClure (Member) – Appointed 19th September 2020

Andrea Barbour (Member) – Appointed 19th September 2020

Scott Grant (Member) – Appointed 19th September 2020

Seonaid McMillan (Member) – Appointed 26th October 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 16th December 2020. The charity was previously an unincorporated association but changed its legal form to a SCIO. The assets of the unincorporated association were transferred to the charity on 16th December 2020. It has a single tier structure and as such the trustees are the members of the charity.

Charitable Purposes

- To encourage public participation in sport & advance the practice of gymnastics to improve health, quality of life & opportunities for all.
- To advance education by supporting people to expand their skills, knowledge & qualifications through their participation in sport.
- To provide sports facilities and make them available for the advancement of public participation in & the pursuit of developing the sport of gymnastics

Appointment of Trustees

The charity's trustees (the Board), who are also members of the club, meet regularly to manage the activities of the club. Membership is open to any person aged 16 or over who, subscribes to the purposes of the organisation and wishes to see them fulfilled, and has completed a PVG application and is not barred from working with children.

Applications to the board of trustees are considered by the Board at their regular meetings. There must be a minimum of three members and a maximum of seven.

All decisions at board meetings will be made by majority vote and every charity trustee has one vote, which must be given personally. If there are an equal number of votes for and against any resolution, the chairperson of the meeting will be entitled to a second (casting) vote. A charity trustee must not vote at a board meeting on any resolution which relates to a matter in which he/she has a personal interest or duty which conflicts (or may conflict) with the interests of the organisation; he/she must withdraw from the meeting while an item of that nature is being dealt with.

OBJECTIVES AND ACTIVITIES

Club Development

Oct-Nov 2021 saw the full fit-out of our gym setup by Gymnova to provide the club with facilities capable of developing gymnasts to a much higher standard than ever before, as well as expanding our ability to provide classes to many more gymnasts per week. We now have:

- Full 13x13m sprung floor area
- Table Vault with 18m run-up and 6m landing area
- Tumble Track to 8m landing area
- Fast Track to resi-pit landing area
- 4 x Competition-height beams + 2 low beams
- 2 x Asymmetric Bars sets
- 1 x Men's High Bar + 1 x Adjustable Single Bar
- 10m x 6m matted floor area for warmups, conditioning & additional equipment setups
- 10 x Coaching Blocks, 14 x Crash Mats, 5 x Springboards, 1 x Trampoline + other small equipment



The club also invested in new infrared heating and LED lighting to help us operate and cope with the colder months in the venue, as well as new wall bannering to secure the privacy of the gym and brighten up our surroundings.

The investment in developing our facility to this amazing standard has been made possible thanks to a £60,000 loan from Social Investment Scotland.

Activities

As of the end of Sept 2022, the club has grown to a total of 554 members – more than double our total from the same time last year:

- 62 in our Pre-School classes
- 374 in our Stage 1-4 Recreational classes
- 30 in our Boys classes
- 9 in our Adult class
- 17 in our Development Section
- 31 in our Floor & Vault Squads
- 31 in our Artistic Section

In terms of increasing opportunities, have also established a new Display Group who will represent the club at events & festival events across the country, with 15 members in the initial intake. This provides a new avenue for members to develop their skillsets in a new way and participate in events out with the competitive pathways we are already involved in.

Our Boys Gymnastics section has also added Stage 2 classes to expand the pathway for boys to develop further and begin preparing towards competitive events – this is part of our future plans for the section in 2022-23 and a potential avenue to open up another realm of opportunities for gymnasts at our club.

Thanks to the development of our staff team, we have far greater numbers of members involved in our competitive sections at the end of this period and a wider range of opportunities available for club members to progress their skills within.

Team Development

During this period, we increased our workforce from just 8 contracted members of staff to a team of 20 coaches and a part-time administrator supporting the infrastructure of the club. Almost all of this was as a result of in-house mentoring and volunteer development to gain qualifications required for employment, which has been the key factor in the club's growth in membership and increased quality of offering.

3 coaches progressed to gain their L2 qualifications within the year, and 2 coaches have attended their L3 practical modules; this has supported the development of both our recreational classes to cater for more advanced gymnastics out with the competitive pathways, as well as broader support for the competitive coaching structure to ensure that all levels of the programme gain the benefit of this investment.

Kit & Clothing

The club entered a partnership with Kukri Sports for its workforce & club clothing items; this will provide us with uniforms for all staff members alongside a range of clothing items for club members to purchase. This is the first time the club has had a clothing range available beyond its competition & training leotards, and will help build our wider profile & identity at events and within the local community too.

We also introduced a new range of club training leotards via our existing supplier, Quatro, to offer affordable options for training wear to all ages & abilities within the club.

Achievements and Performance

On 25th June 2022, we hosted our first ever Club Championships for all recreational members of the club. We had 170 participants and the event crowned 13 champions across the different categories, with lots of medals and placings awarded at every level and all who took part went home with a certificate & souvenir of the day. It was a massively successful event for us, with so much positive feedback from parents & gymnasts alike, and will now become a staple of the club's calendar going forward.

Within the Artistic Section, we reached new levels of competition and increased the range of squads working within our structure to widen the opportunities available to achieve success and pursue the sport. Notable achievements included:

- Isla Carse placing 4th All-Around and 1st on Beam at the Scottish Classic Challenge Bronze qualifier.
- Isla Carse placing 4th All-Around at National Grade 2, becoming the first Flair GC gymnast to qualify to represent Scotland at British Finals.
- Every club gymnast passed their Grade in 2022, showing they are on-track in their competitive pathways.
- 12 squad gymnasts regularly attended Scottish Gymnastics Pathway Programme sessions, preparing for continued high-performance development.

Our Floor & Vault section continued to perform consistently strongly across the country throughout the year, participating in 4 key events and taking home medals and certificates at all levels. For 2022-23, the ambition for the club is to develop gymnasts to the Intermediate, Advanced & Classic levels at Floor & Vault level.

Our Development Section has prepared gymnasts for the highest level of competitive pathway in 2023 and the members who have attended SG Pathway events are amongst the best of their age in Scotland, which is hugely promising for the future of the club and further development in our competitive sections.

FINANCIAL REVIEW

Our main source of income was by way of membership and competition fees, clothing income and donations. Total income for 2022 was £246,447. This was a significant increase on 2021 income of £91,654 which had been affected by Covid 19. Expenditure in the year was £276,870 compared with £151,054 in 2021. There were substantial increases in staff salaries & rent as well as the introduction of depreciation in the current year. As a result, a deficit of £30,423 was realised compared to a surplus of £59,436 in 2021.

Reserves Policy

The trustees are aware they have a duty to identify and review the charity's reserves and ensure they do not fall below a level which would enable the charity to continue its day-to-day activities. They believe that reserves should be at least the equivalent of three months annual costs. Based on an estimated annual expenditure of £249,898 (current costs less depreciation), we would require £62,475. Current reserves fall short of this.


STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH SEPTEMBER 2022

	Note	Unrestricted Funds	Restricted Funds	Period Ended 30/09/22	Period Ended 30/09/21
Incoming Resources					
Fundraising & Donations		35	-	35	13
Grants		-	-	-	87,143
Receipts from Charitable Activities					
- Membership & Training Fees		234,053	-	234,053	63,322
- Competitions		7,281	-	7,281	449
- Clothing		5,078	-	5,078	124
- Other Activities & Refunds		-	-	-	39
Total Incoming Resources		246,447	-	246,447	151,090
Resources Expended					
Cost of Charitable Activities	2	257,604	14,850	272,454	75,854
Loan Interest + fees		6,102	-	6,102	15,800
Total Resources Expended		263,707	14,850	278,557	91,654
NET MOVEMENT IN FUNDS		(17,259)	(14,850)	(32,109)	59,436
RECONCILIATION OF FUNDS					
Total funds brought forward		31,355	59,400	90,755	31,319
TOTAL FUNDS CARRIED FORWARD		14,096	44,550	58,646	90,755

BALANCE SHEET
AS AT 30TH SEPTEMBER 2022

	Note	Unrestricted Funds	Restricted Funds	Period Ended 30/09/22	Period Ended 30/09/21
FIXED ASSETS					
Tangible Assets	3	36,365	44,550	80,915	59,400
CURRENT ASSETS					
Debtors		-	-	-	-
Cash at bank and in hand		35,537	-	35,537	31,355
		35,537	-	35,537	31,355
CREDITORS					
Amounts falling due within one year	4	5,931	-	5,931	-
NET CURRENT ASSETS					
		29,606	-	29,606	31,355
TOTAL ASSETS LESS CURRENT LIABILITIES					
		65,971	44,550	110,521	90,755
CREDITORS					
Amounts falling due after more than one year	5	51,876	-	51,876	-
NET ASSETS					
		14,095	44,550	58,645	90,755
FUNDS					
Unrestricted				14,096	31,355
Restricted				44,550	59,400
TOTALS FUNDS					
				58,646	90,755

The financial statements were approved by the Board of Trustees and authorised for issue on 28th June 2023 and were signed on its behalf by:

Signed: 

Printed: WILLIAM SMITH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied to particular categories of income:-

Income received by way of grants, donations and fees are included in full in the statement of financial activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income is only deferred when:

The donor specifies that the grant or donation must only be used in future accounting periods; or

The donor has imposed conditions which must be met before the charity has unconditional entitlement. Investment income is included when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. All costs whether to support the charity or to directly assist can be regarded as a result of the organisations charitable activities.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	-	25% on cost
Equipment	-	25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Trade debtors

Trade debtors are amounts due from customers for goods or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Trade Creditors

Trade creditors are amounts due to suppliers for goods or services obtained in the ordinary course of business.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer

settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Cash

Cash and cash equivalents are basic financial assets and include cash on hand, deposits held at call with banks, other short-term liquid investments and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Operating leasing commitments

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

Government grants

Government grants are eligible for recognition within the financial statements once they become receivable.

2. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Period Ended 30/09/22	Period Ended 30/09/21
Rent / Utilities	49,173	-	49,173	10,602
Venue Works	-	-	-	605
Governing Body	15,175	-	15,175	7,883
Competition Fees	6,488	-	6,488	674
Publicity / Marketing	4,579	-	4,579	2,015
Wages (Coaching Services)	153,395	-	153,395	49,321
Education & Training	4,755	-	4,755	5,312
Clothing	10,524	-	10,524	-
Depreciation	12,122	14,850	26,972	-
Miscellaneous	1,392	-	1,392	-
Total	257,604	14,850	272,454	76,412

3. FIXED ASSETS

	Gym Equipment	Total
COST		
At 1 October 2021	59,400	59,400
Additions	48,486	48,486
At 30 September 2022	<u>107,886</u>	<u>107,886</u>
DEPRECIATION		
At 1 October 2021	-	-
Charge for period	26,972	26,972
At 30 September 2022	<u>26,972</u>	<u>26,972</u>
NET BOOK VALUE:		
At 30 September 2022	<u>80,915</u>	<u>80,915</u>
NET BOOK VALUE:		
At 30 September 2021	<u>59,400</u>	<u>59,400</u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
SIS Loan	4,244	-
HMRC - Sep22 PAYE / NIC	1,687	-
	<u>5,931</u>	<u>-</u>

5. CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

	2022	2021
	£	£
SIS Loan	50,189	-
	<u>50,189</u>	<u>-</u>

6. RELATED PARTIES TRANSACTIONS

Remuneration was paid to Trustees for coaching services as follows:

William Smith: £25,114 (2020-21: £17,676)

Andrea Barbour: £2,638.54 (2020-21: £0)

Remuneration was paid to Trustees for administration services as follows:

Alison Carse: £5,928.13 (£2020-21: £0)

APPENDIX 3



		Independent examiner's report on the accounts v2					
Report to the trustees/members of	Charity name	Flair Gymnastics Club					
Registered charity number		SC050631					
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year	to	Day	Month	Year
	01	10	2021		30	09	2022
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]						
	<p>1. which gives me reasonable cause to believe that in any material respect the requirements:</p> <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <p>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</p>						
Signed:						Date:	20/06/23
Name:	Barry P Simpson						
Relevant professional qualification(s) or body (if any):	ACCA						
Address:	42 Mulberry Drive						
	Cumbernauld						
	G68 9FT						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose