



FLAIR GYMNASTICS

WWW.FLAIRGYMNASTICSCLUB.CO.UK

NURTURING PASSION FOR EXCELLENCE TOGETHER

MEMBERSHIP PACK 2026



WELCOME TO FLAIR GYMNASTICS!

Firstly, we want to say a massive thank you for getting into gymnastics at our club! We love getting new people involved in our sport and aim to deliver a fantastic experience for your gymnast each week.

If you ever have questions about anything to do with how the club runs, what your gymnast is working on or what you need to do as a parent/guardian, please don't hesitate to get in touch – our main line of communication is via e-mail, or you can find us online via social media or our website



info@flairgymnasticsclub.co.uk

[/flairgymnastics](#)



+447305339761

[/flairgymnasticsclub](#)



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QUICK INTRO TO THE CLUB

Flair Gymnastics was founded in 2016 with just 34 initial members. We established our own fully equipped full-time gym in 2021, were named Scottish Gymnastics Club of the Year 2022 and now have over 750 members attending each week, in addition to gymnasts winning medals at national championships and being selected for Scotland squads.

We are an Artistic gymnastics club, training on all the apparatus you'd see in the Olympics, with separate events for Women's & Men's disciplines. All of our classes work towards skills for these pieces of equipment in addition to all the fundamentals of gymnastics on floor.

Our goal is to constantly keep improving the quality of the club to give all our gymnasts the chance to reach their potential while having a rewarding, enriching experience in the sport.

CLUB VALUES

Our goal is to nurture a passion for gymnastics and inspire all our members to dream big, give their all and share their love for this incredible sport.



We want to **INSPIRE** belief in what can be achieved.



We want to create high **QUALITY** in all that we do.



We want to develop strong **CHARACTER** in everyone involved.



We want to show **FLAIR** and stand out within the sport.



SAFEGUARDING

It's essential that the wellbeing and safety of all members is at the top of our priorities in all aspects of how the club runs – please take the time to read through our [Safeguarding Policy](#) and follow this for any issues that occur.

If you or your gymnast have any concerns or a question about a member's wellbeing at the club, please report this to a team member or contact our Safeguarding Officer directly:

JESS MCCORMACK



07739013991

SAFEGUARDING@FLAIRGYMNASTICSCLUB.CO.UK



EXPECTATIONS FOR GYMNASTS

We want everyone at the club to have a fantastic time learning loads of exciting skills and making great friends – so here are some important things to make your gymnast aware of for taking part:

- ✓ **Be Positive** – with yourself, with others, and with your ambitions!
- ✓ **Be Respectful** – of your classmates, your coaches, and the equipment.
- ✓ **Be Supportive** – help set up kit, encourage others & value everyone.
- ✓ **Be Responsible** – for your behaviour, your belongings, and for your effort.

EXPECTATIONS FOR PARENTS

As a club aiming to set high standards, we want to make sure that everyone knows what's expected – including those bringing along and supporting our gymnasts! Here are some key things to note:



- ✓ Make sure to complete and maintain all your membership details with us.
- ✓ Ensure your club fees are paid on time and any issues are communicated.
- ✓ Regularly check your e-mails for club communications and stay up-to-date.
- ✓ Be mindful of others when attending – be careful in the car park and venue.
- ✓ Bring your gymnast inside and stay with them until they are welcomed in.
- ✓ Ensure your gymnasts come dressed appropriately for their classes.
- ✓ Make sure gymnasts don't need the toilet during their class – go beforehand.
- ✓ Remove all jewellery prior to sessions – better yet, leave it safely at home.
- ✓ Tie up all long hair and have enough bobbles or clips to securely hold it in.
- ✓ Give your gymnast water for their session in a resealable bottle.
- ✓ Collect your gymnast inside the venue when they finish - don't wait outside.



CLUB MEMBERSHIP

There are just two quick and easy steps needed to set up your gymnast's membership, which is required to secure their place at the club:

Step 1 : Pay For Your Membership

This is a once-per-year fee that covers your registration with British Gymnastics, which they charge to us directly, plus a small fee towards running the club. Memberships can be paid on our website via the buttons here:



Step 2 : Set Up Your Subscription

Make sure that your payment method is set up on Class4Kids - your booking confirmation should have a link to do this, or you can login directly. Your gymnast's monthly fees are paid via this subscription.

ANNUAL RENEWAL PERIOD

We follow the British Gymnastics annual membership period, which runs from **1st Sept – 31st Aug** each year. All memberships need to be renewed at this point in the year for gymnasts to continue attending.

In August we will be in touch to let you know it's time to renew, pay for the upcoming year and ensure your details are up-to-date. Even if you've only just joined in the previous couple of months, BG requires everyone to renew their memberships at this time in order to stay covered to participate.

CANCELLING YOUR MEMBERSHIP

To cancel your place at the club for any reason, simply **e-mail us** with your child's name & class, and let us know why they're stopping if you're happy to share that with us - we're always looking at how we can improve for the future and will take any feedback on board.

All fees paid are non-refundable, so please make sure to let us know if you won't be returning before the end of a month to avoid overpayments.



MEMBERSHIP POLICIES

Details of our club policies can always be found [on our website](#) – we also have copies posted up on the notice boards in reception. Please make yourself familiar with them and let us know if you have any questions, but some key things to note in terms of class places are:

- ✓ Up-to-date annual membership & monthly fee payments to the club are both required to secure membership; if either is not completed, we reserve the right to stop gymnasts attending until this is in place.
- ✓ If there has been no attendance at classes or communication with the club for a period of 4 weeks or more, we reserve the right to cancel your subscription and offer your place to the next person on our waiting lists.
- ✓ Behaviour that violates our codes of conduct will be followed up via our disciplinary procedure and can result in suspension from classes and potentially the loss of a gymnast's place at the club in serious instances.

HOW OUR FEES WORK

Fees are collected by a card payment through Class4Kids on the 1st of each month. If a payment fails for any reason, Class4Kids will automatically try again up to two times. The final attempt will be on the 9th of the month.

If you have any issues with payments, **contact us in advance**. We are happy to be as accommodating as possible as long as we know the circumstances. Any information shared will be handled confidentially.

If the club does not receive fees or communication from a member by the 10th of the month, we will e-mail to prompt you for payment within the next 5 days. If we then do not hear from you or receive payment by the 15th of the month, we reserve the right to cancel a gymnast's place and offer it to the next person on our waiting lists.

All fees are calculated on an annual basis, divided by 12 months. This means that it's the same payment each month, as everyone is paying for 46 weeks of classes regardless of how this splits up across the calendar.

FEE STRUCTURE

EFFECTIVE FROM 1ST MARCH 2026

CLASS	LENGTH	COST PER MONTH
PARENT & CHILD	50 MINUTES	£32.00
PRE-SCHOOL GYM	50 MINUTES	£32.00
STAGE 1	1 HOUR	£32.00
STAGE 2	2 HOURS	£55.00
STAGE 3	2 HOURS	£55.00
STAGE 4	3 HOURS	£65.00
BOYS STAGE 1	1 HOUR	£32.00
BOYS STAGE 2	2 HOURS	£55.00
SENIOR GYM	2 HOURS	£55.00
ADULT GYM	2 HOURS	£40.00

FAMILY DISCOUNT: **10% FOR 2 X GYMNASTS OR CLASSES**
ON TOTAL FEES **15% FOR 3 X GYMNASTS OR CLASSES**

ANNUAL CLUB CALENDAR

Recreational classes run for 46 weeks each year - here are our holiday dates:

- WINTER CLOSURE : 1ST - 4TH JANUARY 2026**
- SPRING HOLIDAY : 6TH - 19TH APRIL 2026**
- SUMMER CLOSURE : 29TH JUNE - 5TH JULY 2026**
- CLUB CHAMPIONSHIPS : 4TH - 6TH SEPTEMBER 2026 (TBC)**
- OCTOBER WEEK : 12TH - 18TH OCTOBER 2026**
- HALLOWEEN : SATURDAY 31ST OCTOBER 2026**
- WINTER CLOSURE : 21ST DECEMBER 2026 - 3RD JAN 2027**

If the club needs to cancel classes at any other time, we will contact you via e-mail and/or text if at short notice to let you know – you'll be refunded or offered an alternative class to attend for any unplanned cancellations.

CLUB CHAMPIONSHIPS

The main event of the year is our in-house fun and friendly competition for all levels & ages at the end of summer, showcasing the amazing skills of our gymnasts for all their family & friends.

Gymnasts get the chance to be crowned Club Champion for their age group & Stage by performing routines on two (Stage 1 + 2) or four apparatus (Stage 3 + 4) just like at official Scottish Gymnastics events!

This event brings all of our club community together to celebrate our gymnasts, with a bunch of fundraising activities and stalls to keep the whole family busy and entertained.

Full information about the event will go out to everyone a couple months in advance, so keep an eye on your inbox around June!



HOLIDAY GYMNASTICS

During the holiday weeks when regular classes are off, the club offers weekday gymnastics camps with advance booking available to current members - you can book directly from the links below.

Each weekday we run two 3-hour sessions; one in the morning, another in the afternoon, separated by a lunch break.



You can book any combination of half-days, full days or full weeks to suit your individual family needs. Siblings, friends, non-members and newcomers are all equally welcome too, so spread the word!

CAMP BOOKINGS

All of our camps are available to book now: [Holiday Camp Schedule 2026](#)

HOLIDAY PERIOD	CAMP DATES
SPRING WEEK 1	MON 6TH - FRI 10TH APRIL
SPRING WEEK 2	MON 13TH - FRI 17TH APRIL
SUMMER WEEK 1	MON 6TH - FRI 10TH JULY
SUMMER WEEK 2	MON 13TH - FRI 17TH JULY
SUMMER WEEK 3	MON 20TH - FRI 24TH JULY
SUMMER WEEK 4	MON 27TH - FRI 31ST JULY
SUMMER WEEK 5	MON 3RD - FRI 7TH AUGUST
OCTOBER WEEK	MON 12TH - FRI 16TH OCT

MORNING SESSION
9.00AM-12.00PM

AFTERNOON SESSION
12.30-3.30PM

HALF-DAYS

£22.50

FULL DAYS

£40.00

FULL WEEK

£170.00



OUR RECREATIONAL PROGRAMME

We offer classes for all ages and abilities – from walking-age right up to adulthood! These are split into four **Stages**, with additional tailored classes for pre-school, boys, teenagers & adults.

Each level builds progressively to develop skills across all apparatus and improve our gymnasts' overall athletic ability, with pathways available into competitive groups from any of our classes.



Our **Pre-School** section is all about fun and discovery, setting up a love for sport and developing children towards taking part independently and gaining all the key skills they'll be taking further when they move into school-age classes.

Stage 1-4 classes aim to create brilliant basics and build these into increasingly complex skills and routines across all of our Artistic apparatus, giving every gymnast the ability to progress at their own pace.

Each Stage has a wide curriculum of skills the gymnasts work on within classes, along with a set of **mandatory elements** required to complete the level and move up to the next Stage.

Our coaching team continuously assess & monitor each gymnast's progress, and will move up gymnasts throughout the year as soon as they are ready. We also hold quarterly **Progress Checks** where classes spend a week formally assessing all their key skills.

Once a gymnast completes **80% of their Stage and ticks off all their required skills**, they will be awarded their Stage certificate and we'll be in touch to get them moved up to their next class level.



OUR COMPETITIVE SECTION

We are a hugely successful competitive club, priding ourselves on balancing the demanding nature of training for such a difficult sport with lots of love and care for each individual.

We have taken gymnasts from their very first cartwheels all the way through to representing Scotland and becoming National Champions - and we are still just as passionate about investing in that journey and creating new generations of amazing local young people excelling in our sport.

We're always on the lookout for new competitive members - if you have someone that is passionate about this sport and desperate to work hard to make the most of it, you're in the right place!



MORE PATHWAYS IN GYMNASTICS

There are lots of different ways for our gymnasts to explore their potential, represent the club, gain incredible life experiences, and discover how gymnastics can bring even more to their lives.

Our **Display Team** is open by invitation to members from Stage 2 and above - they put together routines mixing dance, acrobatics and tumble to showcase at performance events across the country.



Our **Stage 4** classes are now at a high enough level for gymnasts in this section to be selected to take part in **Classic Floor & Vault** and club Artistic events throughout the year - an amazing feat for recreational-level training!

We also run an annual **Leadership Academy** for ages 13+ to learn how to coach with our fantastic team and gain experience leading to qualifications, and potentially a job at the club.

